

A man with a serious expression is leaning over a white sink. He has blue tattoos on his fingers that spell out 'JUST' on both hands. The background is a blurred clinical setting.

“IT’S JUST A  
BIT OF BLOOD”

## JUST SPEAK TO YOUR GP

Unexpected bleeding, like blood in your poo or pee, could be a sign of cancer. It’s probably nothing serious, but finding cancer early makes it more treatable.

Your NHS is here to see you, safely.

Clear on  
cancer

help us  
help you